



SHÖBUKAN INYÖRYŪ BATTÖJUTSU
尚武館陰陽流 拔刀術

Dojo rules for Battojutsu

Dojo rules are binding for all members and guests.

Emergency preparedness

No training without general safety! First aid kits and mobile phones are a minimum, both in the hall and outside. The trainer controls and guarantees the safety of the dojo.

Training conditions

Each participant must be physically and mentally healthy for the training! Any impairments (medication, sleep or food deprivation, etc.) must be reported to the trainer in advance.

Safety in training

Unless explicitly stated otherwise, a minimum safety distance of 2.50 m from the other participants must be maintained. Guests shall have no access to the training area, as well as training material shall be kept outside of the training area.

Clothing and equipment

In the hall, training takes place barefoot and each student brings the following:

1. Clothing: Gi, Hakama and a suitable belt (obi) for graduation. T-shirt under the gi is recommended.
2. Weapons: Shinken or Iaito, Bokken and possibly a wakizashi.
3. Armor: At least helmet and gloves for every training session.

The equipment must be in good condition and without defects - this applies especially to weapons and armor!

Outside the hall, the equipment is the same, but you can train normally in loose sportswear, shoes and a belt (obi according to your graduation).

Food and drinks

Eating is generally not allowed in the hall. Drinking breaks are announced by the trainer.



SHÖBUKAN INYÖRYÜ BATTÖJUTSU
尚武館陰陽流 拔刀術

Etiquette in Battojutsu

Respect

For each participant, respect (to the guests, the trainer, the other participants and the equipment) is top priority. This also means that higher graduates are always courteous and helpful to the lower graduates.

Discipline

During the training, the instructor or trainer is the supreme authority. He implements and maintains the standards for respect, discipline and security. At the same time, however, he should act as a role model. Should he deem it necessary, the trainer may expel any participant or guest from the hall.

Inyo - Give and take

The “Inyo” in Shobukan Inyo-Ryu represents the concept of *give and take*. Each participant and especially the trainer passes on and absorbs experiences. Thinking about the training as *The trainer gives, the student receives* is wrong. *The trainer passes on and learns himself, the student accepts and shares his experiences* would be correct.

Entering / leaving the hall

When entering or leaving the dojo, the participant bows towards “Kamiza”. If the training has already started, the participant sits quietly at the entrance and waits for permission to enter. Before the end of the training session, the participant asks permission to leave the dojo.

Begin and ending

At the start and end of the training, the participants line up opposite the trainer. Experienced participants show and explain the process to new students.

Training procedure

The trainer specifies the training procedure. In partner exercises, bow at a distance larger than weapon range (approx. 4-5 meters with katana, closer in close combat) at the beginning and end of the exercise in front of the partner.